

SARATOGA SPRINGS RECREATION

COVID-19 GUIDELINES

SPRING SOCCER 2021

DISCLAIMER: Participants, parents, family, and spectators engaging in soccer and activities related to soccer do so with knowledge of the risk and potential exposure involved and agree to accept any and all inherent risks to their personal health.

Employees, participants, coaches, and fans are recommended to screen themselves at home prior to coming to the park. If they have a temperature exceeding 100.4, or any COVID-19 symptoms, they should stay home. They should also not come to the park if they are known to have been recently exposed to someone with COVID-19.

Coaches

- *Provide own water, hand sanitizer, masks, etc. Wash hands and use sanitizer frequently.
- *Required to wear masks during game.
- *Encourage high-risk individuals and those with symptoms to stay home.
- *Should verify that players do not have any COVID symptoms before each practice and game.

Players

- *Allowed to wear masks during game, but not required. Required to wear masks in between games and when not playing.
- *Provide own water, hand sanitizer, masks (not required), etc. Wash hands and use sanitizer frequently.
- *No high fives at end of game or during the game.
- *Enter field after previous teams have left and exit immediately after game. Please remove all trash!
- *Encourage high-risk players and those with symptoms to stay home.
- *No huddles.
- *Discourage sharing of equipment.
- *Responsible for water/sports drinks in bottled format and making sure they are clearly marked/identified. No sharing.

Fans

- *Encourage physical distancing – fans should sit along sidelines and spread out from other spectators.
- *Wearing masks required if within 6 feet of other households.
- *Provide own water, hand sanitizer, masks, etc. Wash hands and use sanitizer frequently.
- *Encourage high-risk individuals and those with symptoms to stay home.