Events:

✓ Indicates age group may participate in this event.

Age Division	Birth Year 2011-2012	2009-2010	2007-2008	2005-2006
50 M	✓	X	X	X
100 M	✓	✓	✓	✓
200 M	✓	✓	✓	✓
400 M	✓	✓	✓	✓
800 M	✓	✓	✓	✓
1600 M	X	✓	✓	✓
4X100 M Relay	✓	✓	✓	✓
4X400 M Relay	✓	✓	✓	✓
Shotput	X	X	✓	✓
High Jump	X	X	✓	✓
Running Long Jump	X	X	✓	✓
Standing Long Jump	✓	✓	X	X
Discus	X	X	✓	✓
Javelin	✓	✓	✓	✓

Participants may register to participate in a maximum of 4 events at a meet (includes relay)