

City of Saratoga Springs Recreation Concussion Policy

Last Updated: September 2015

In compliance with Utah Code § 26-53-101 et seq., in any sports activity run by the City of Saratoga Springs Recreation every agent, coach, site supervisor, referee, or employee of the City of Saratoga Springs shall immediately remove a child under the age of 18 from participating in a sporting activity (game or practice) if a child is suspected of sustaining a concussion or a traumatic head injury.

1. Before the child is allowed to participate in any City sports activity, the parent or guardian of the child must read the Concussion Policy.
2. The child will be prohibited from participating in any sporting activity until the child is evaluated by a qualified health care provider who is trained in the evaluation management of a concussion; and provides the City with a written statement from the qualified health care provider stating that both:
 - a. The health care has, within three years before the day on which the written statement is made, successfully completed a continuing education course in the evaluation and management of a concussion; and
 - b. The child is cleared to resume participation in the sport activity.
3. A child participant, or a parent legal guardian of a child participant, who suspects the child participant may have sustained a head injury or concussion at any time during a game, class, course or season of a sports activity, regardless of location said suspected head injury was sustained, must immediately make it known to a City staff member.
4. The City, in its discretion, reserves the right to temporarily or permanently disqualify participants from contact sports or sports with a higher likelihood of head injury who have previously sustained three or more concussions and experienced slow recovery.
5. City of Saratoga Springs Recreation Staff will NOT be expected to “diagnose” a concussion. Staff includes: Director, Coordinators, Site Supervisors, Officials and Scorekeepers. The Staff are being asked to use their best judgment in observing the signs, symptoms, and behaviors associated with concussions in compliance with CDC concussion standards. Staff will not be asked to give what could be perceived as a medical opinion. If a Staff member observes questionable signs, symptoms, or behavior, the Staff member will notify the coach and the player will be removed from the sporting event.

