

SARATOGA SPRINGS RECREATION

COVID-19 GUIDELINES

SOCCER

DISCLAIMER: Participants, parents, family, and spectators engaging in soccer and activities related to soccer do so with knowledge of the risk and potential exposure involved and agree to accept any and all inherent risks to their personal health.

Employees, participants, coaches, and fans are recommended to screen themselves at home prior to coming to the park. If they have a temperature exceeding 100.4, or any COVID-19 symptoms, they should stay home. They should also not come to the ballpark if they are known to have been recently exposed to someone with COVID-19.

Coaches

*Provide own water, hand sanitizer, masks (not required), etc. Wash hands and use sanitizer frequently.

*Allowed to wear masks during game, but not required. Recommended to wear masks in between games

*Encourage high-risk individuals and those with symptoms to stay home.

Players

*Allowed to wear masks during game, but not required. Recommended to wear masks in between games

*Provide own water, hand sanitizer, masks (not required), etc. Wash hands and use sanitizer frequently.

*No high fives at end of game or during the game.

*Enter field after previous team has left and exit immediately after game. Please remove all trash!

* Encourage high-risk players and those with symptoms to stay home.

*No huddles.

*Discourage sharing of equipment.

*Responsible for water/sports drinks in bottled format and making sure they are clearly marked/identified. No sharing.

Fans

*Limit spectators to 2 per player.

*Encourage physical distancing – fans should sit along baselines and spread out from other families.

*Wearing masks recommended.

*Provide own water, hand sanitizer, masks (not required), etc. Wash hands and use sanitizer frequently.

*Encourage high-risk individuals and those with symptoms to stay home.

Officials

*Provide own water, hand sanitizer, disinfecting wipes, etc. Masks and gloves allowed (but must provide their own)

*Maintain 6' distance from all players/coaches

*Avoid touching the equipment